

# OCEAN ANIMALS

## Gross Motor Activity Cards

**Directions:** Cut the animal cards. Flip over a card and move around like that animal would. Pull a new card! Switch up the animals and actions to explore different movements and have fun!

- these cards can also inspire a fun game of "Simon Says" or print them twice and use them for a game of memory!

### SCUTTLE

like a crab



### SQUEEZE

like a squid



### PADDLE

like a sea turtle



### FLAP

like a seagull



### SWIM

like fish



### SNAP

like a shark



**WIGGLE**

like a eel



**ROLL**

like a seal



**GLIDE**

like a manta ray



**DRIFT**

like a jellyfish



**CAMOUFLAGE**

like an octopus



**JUMP**

like a dolphin



**SING**

like a whale



**WAVE**

like a sea anemone

